

*You're invited to get a head start on your UNC Asheville education by delving into the many assets of your new community and the areas surrounding Asheville.*

Pre-**rendezblue** is designed to ease your transition to UNC Asheville by moving into the residence halls early and meeting fellow classmates, upperclass students and university administrators before fall classes. With six special-interest programs, you're bound to find a program that appeals to you!



[unca.edu/orientation/prerendezblue](http://unca.edu/orientation/prerendezblue)

Pre-**rendezblue** is co-sponsored by UNC Asheville Campus Recreation and UNC Asheville Student Activities and Integrative Learning.

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*Immerse yourself  
in one of  
UNC Asheville's  
exciting programs  
for new students*

*August 9–13, 2009*

Please select from one of the following six program options. Each program is \$325, which includes meals, instruction, equipment and transportation. Registration deadline is July 9, 2009. Space is limited, so register early.

### ① Wilderness Experience

Come sleep out under the stars and explore the mountains of your new home! You will spend the first three days backpacking in a group of 10 peers with two or three experienced trip leaders. All eight groups will return from the trail to base camp for two days of activities. Everyone will spend a day white-water rafting, plus another adventure of your choice (caving, mountain biking or rock climbing). No outdoor experience necessary.

[www.unca.edu/recreation](http://www.unca.edu/recreation)



### ② The Many Faces of Asheville

Asheville is a city bursting with cultural diversity just waiting to be explored—by you! Join fellow students as they experience the rich traditions of Asheville through religion, ethnicity and food. The city will come alive as you visit the city's diverse houses of worship, take a world tour through Asheville's culinary offerings, and explore the cultures that make up our community. If you are looking for a unique cultural experience to broaden your liberal arts education, join us as we look at Asheville's many faces!



### ③ Beyond Burgers and Fries

Experience Asheville's unique culture of Wellness. Learn to make salves, ointments and syrups with common herbs, how to turn a sore neck into blissful calm, turn food into a culinary delight, experience the magic of biofeedback, and enjoy the company of our four-legged friends with pet therapy. All this, plus visits to local hospitals to experience the benefits of integrative health care will be a part of this exciting program.

### ④ Get Ready to Give Back

Service learning is a huge part of a liberal arts education. Experience Asheville through community service by volunteering at a local food bank, visiting a rehabilitation program for horses, helping out at Asheville Housing Authority projects, and learning how Asheville deals with issues of social justice. Work with UNC Asheville faculty and staff to make Asheville a better place to live and learn!

### ⑤ Asheville, A Work of Art

Asheville is the hub of Western North Carolina's art community. Explore this thriving community by visiting local artisans, musicians and dancers and learn how they contribute to Asheville's culture and heritage. Whether you are exploring the stunning architecture of the Biltmore House, crafting your own pottery with a local artist, or participating in a dynamic



drama workshop, you are sure to fall in love with Asheville and the art community that calls it home!

### ⑥ Echoes of the Past

Asheville is a city rich in history and heritage. Delve into the community's past and learn how it has shaped the city and the university today. Explore the impact that the famed Vanderbilt family has had on the area by visiting the Biltmore House and Village; experience the literary traditions of the great American author Thomas Wolfe on a visit to his Asheville house with Literature Department faculty; examine the rich Appalachian culture that thrives in Asheville; and trace the history of Asheville during the American Civil War. What better way to see where Asheville's going than to understand where it has been!



Register online:

[unca.edu/orientation/  
prerendezblue](http://unca.edu/orientation/prerendezblue)

