

## Reflection Record

(To be completed by the Student Teacher and submitted weekly to the University Supervisor.)

**Student Teacher's Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**SELECT A Lesson Taught** (include length, group size, and reason for teaching it):

Please select one lesson **each week** upon which you wish to reflect. Use the following PBL reflection cycle format for questions to guide your thinking. Use as much space as you need to respond to each question.

1. **DESCRIBE:** What did I do? (Type of lesson and procedure used)

2. **ANALYZE:** What worked? Why did it work?

3. **APPRAISE:** What were the problems? Why did they occur? What questions do I have about my lesson? (for example, planning process or instructional methods)

4. **TRANSFORM:** What did I learn about this instructional strategy, about teaching this content, and about this age child that will help in teaching this lesson or a similar lesson in the future?