

welcome to

**eNAUTILUS news** May 2009

## **NEWS from the North Carolina Center for Creative Retirement**

**This newsletter is also available at <http://www.unca.edu/ncccr/membership/enautilus.html>**

**Additionally, a print version of this newsletter will be available at the Reuter Center.**

In this issue of *eNautilus* learn more about:

- \*CREW Weekend
- \*Memorial Day Holiday—Reuter Center Closed
- \*Workshops
- \*Aphasia Photography Exhibit
- \*Keowee Chamber Music
- \*f32
- \*Readers Theatre
- \*Save the Date!
- \*Recognizing All Center Volunteers
- \*Help the Center Go Green!!
- \*Artist & Writers Quarterly
- \**Get Involved!* Volunteer News

### **CREW Weekend**

On Memorial Day Weekend, **May 22-24**, NCCCR will host the 18<sup>th</sup> Creative Retirement Exploration Weekend (“CREW”). Participants are traveling from over 15 states to examine relocating in retirement, with interactive workshop sessions, local tours, and camaraderie with Center members and other participants. While administrative offices will be open on Friday, May 22, the rest of the Reuter Center (classrooms, atriums, computer lab) will be used for CREW activities.

### **Memorial Day Holiday—Reuter Center Closed**

Don't forget that the Reuter Center will be closed on **Monday, May 25** and will re-open Tuesday, May 26 at 8 am. The administrative offices remain open between Spring and Summer College for Seniors terms.

### **Workshops**

#### **➤Excel 2007 for the Nervous Beginner**

This hands-on workshop will cover the basics of Microsoft Excel 2007. While basic computer skills like using a mouse are required, no prior Excel experience will be assumed. In fact, current Excel users will be bored at the slow pace. Topics will include: Basic spreadsheet navigation, entering text, numbers and formulas, shortcuts and tips. Time will be available for practice and questions. Enrollment in each workshop will be limited to 12 participants. Choose from two different dates: **Thursday, May 28, 6 – 8 pm** or **Saturday, June 6, 10 am – Noon**. Cost is \$25.00.

#### **➤Making an 18-inch Cloth Character Doll**

This is an intermediate level sewing workshop with Julie Simpson. Participants will need to bring their sewing machine, basic sewing materials, special fabrics for costume and matching threads for the first class. Additional embellishments will be available for a \$10 fee. Workshop is **Friday (9 am-Noon), Saturday and Sunday (9:30 am-4 pm), June 26-28**. Register by June 12th. Cost is \$125.00.

### **Aphasia Photography Exhibit: *Speaking without Words***

Aphasia is the loss of language, but not knowledge or intelligence, usually due to a stroke or brain injury. This disorder is very frustrating and isolating. Eighteen photographs taken by people with aphasia will open your eyes to their world. The exhibit takes place at the Reuter Center **Sunday, June 7, 3-5 pm**. For more information, call Edna Tipton, 828-684-9619.

### **Keowee Chamber Music Festival 2009—Reuter Center Open Rehearsals**

Keowee Chamber Players will dazzle Asheville this summer with its 9<sup>th</sup> Annual Keowee Chamber Music Festival. The Reuter Center's ensemble-in-residence invites members to two open rehearsals to experience the inner workings of professionally trained musicians as they collaborate to perfect their playing—a fun, exciting, even humorous process! Enjoy excerpts from festival performances at the Reuter Center on **Tuesday, June 9 and Tuesday, June 16 at 2 pm** by Kate Steinbeck, Phillip von Maltzahn, Fabio Parrini, Corine Brouwer, Simon Ertz, Liz Austin and Jacquelyn Bartlett. For more information: [www.keoweechambermusic.org](http://www.keoweechambermusic.org) or 828-254-7123.

### **f32**

f/32 is a diverse group that shares an appreciation and love of photography. Members range from the amateur to the advanced, from those that like to just take pictures to professional photographers. At monthly meetings, they share their work, learn new methods, and keep abreast of the latest industry news and equipment. NCCCR members are offered free membership in f32. Attend on **Wednesdays, June 10 and/or July 8 at 7 pm**. For more information: [www.f32nc.com](http://www.f32nc.com).

### **Readers Theatre**

The Autumn Players, the senior Readers Theatre Group of the Asheville Community theatre, have partnered with NCCCR to bring performances to the Reuter Center. Enjoy *The Heiress* on **Sunday, June 14 at 2:30 pm**, based on Henry James' *Washington Square*—the 1850's love story of a rich but naïve girl who falls for a handsome fortune hunter.

### **Save the Date!**

Mark **Friday, June 26, 3 pm** on your calendar to celebrate Denise Snodgrass and Ron Manheimer's tenure at NCCCR. Come see how much the Center—and they!—have changed over the years. A small committee of members and staff are planning the event—more details to come.

### **Recognizing All Center Volunteers**

NCCCR Volunteer Recognition Week (April 20 – 24) was a hit at the Reuter Center – Many of you posted a flower on our “Volunteers Make the Center Blossom” board to recognize yourself or someone else as an NCCCR volunteer, and by week's end the board was in full, colorful bloom. You also listed on flipcharts over 120 other organizations where you volunteer. Our community is the winner because of people like YOU who give so freely. Visit <http://www.unca.edu/ncccr/membership/volunteer.html> to see photos from NCCCR Volunteer Recognition Week and to click on the long list of community organizations at which our members volunteer.

### **Help the Center Go Green!!**

In our attempt to make the Reuter Center more environmentally friendly, we are discontinuing the use of paper cups at our coffee bars, beginning with the summer term. We are, instead, asking our members to bring in travel mugs (with lids!) to use for coffee and tea. We ask those that currently have ceramic mugs stored above the coffee bars to remove them. We realize that not everyone will be able to come in before the summer term ends, so we will keep the ceramic mugs until after the first week of the fall term. At that point, all remaining mugs will be donated to charity.

### **Artist & Writers Quarterly**

May 31st is the deadline for entries in all categories. Send in your photos in art crafts in woodworking, weaving, jewelry making in addition to entries for photography and art. Don't forget the fiction, nonfiction and poetry categories. For more details go to [www.unca.edu/ncccr/](http://www.unca.edu/ncccr/) and click on Artists & Writers Quarterly.

### **Get Involved! Volunteer News**

*One of the special reasons* for the ongoing success of the NCCCR is the extensive involvement of our members, creating a unique community. Over 400 members currently volunteer their enthusiasm and expertise at the Center, working in conjunction with 10 permanent staff members. In an effort to recognize volunteer efforts and to inform our members of volunteer needs, we present the Volunteer News section of the eNautilus. If you would like to get involved and wonder how to do so, please contact **Volunteer Coordinator Michelle Rogers at 250-3871 or [mrogers@unca.edu](mailto:mrogers@unca.edu)** .

With CREW 2009 coming up next weekend, dozens of Center volunteers are involved as planners, facilitators, panelists, hosts and helpers. We'd like to thank **Mary Anne and Vic Allwein, Ann and Larry Ammons, Ed Argue, Frank and Katie Brabaw, Fred and Linda Cardina, Eloise Clark, Lou D'Amico, Bob and Dottie Davis, Jane Falter, Lynda**

**Feldman, Bob and Jeanne Formento, Ben and Peggy Grimes, Marcy Hegglund, Barbara and Howard Jaslow, Ed and Linda Korte, Russ and Marcia Lindstrom, Clayton and Geraldine Ludeman, Nancy and John Mathewson, Ulana Mellor, David Mouw, Barry and Sally Mundt, Sheila Murphy, Susan ReMine, Tom Rightmyer, Carol and Dave Sherck, Shirley Schultz, Alison Webb, Bob Webb, Doug and Pat Williams, and Paul Williamson.**

These folks, many of them 'CREW alumni', have dedicated many hours and in some cases, many years, to this multi-faceted workshop. From stuffing participant notebooks, to moving tables and hanging quilts to decorate the Center, to helping attendees match housing choices with lifestyle preferences, to hosting dinner at local restaurants and fielding questions, to opening their homes to participant visitors and much more, this group of members put on a top-notch educational workshop. The result is that attendees feel embraced by the friendliness of the members they meet, and the warm community they find at NCCCR over just one weekend. We could not offer such a unique program without the time and effort of these volunteers, and we appreciate them very much!

**Check out these NEW OPPORTUNITIES to get involved:**

The **Orientation Subcommittee** needs members to act as volunteer callers before each of our three annual New Member Orientation events. These volunteers call approximately 10 new members to personally welcome them to NCCCR and to encourage them to attend Orientation to learn all about Center programs and opportunities. The time commitment is a couple hours on a weekend afternoon, three times per year. If you'd like to connect with new members in this special way, please contact Flo Byron, call committee chair, at 298-5649 or [gowiththeflo@charter.net](mailto:gowiththeflo@charter.net).

The **Health Education Series (HES) Subcommittee** is in need of three new members to help brainstorm, identify and coordinate speakers for the fall, winter and springs series. The mission of HES is to provide information on a wide variety of timely health and wellness issues that are pertinent to the members of NCCCR and the general public. A medical background is not required for committee membership. If interested, please contact Brenda Painter, subcommittee chair, at 689-5758 or [ddecimal@verizon.net](mailto:ddecimal@verizon.net).

For a complete list of volunteer opportunities, please see any Reuter Center bulletin board or stop by Michelle's desk in the office. *GET INVOLVED* -- There's something for everyone!

**ABOUT THIS NEWSLETTER**

eNAUTILUS is the monthly newsletter of the North Carolina Center for Creative Retirement  
Please submit questions or suggestions about eNAUTILUS to Janice Banks, [jbanks@unca.edu](mailto:jbanks@unca.edu)

For membership or other information, you may contact the North Carolina Center for Creative Retirement:  
Reuter Center, CPO # 5000  
University of North Carolina Asheville (UNCA)  
One University Heights  
Asheville, NC 28804-8516

Phone: (828) 251-6140  
Web site: [www.unca.edu/ncccr](http://www.unca.edu/ncccr)

IF YOU WISH TO BE REMOVED from the eNAUTILUS mailing list or to CHANGE YOUR E-MAIL ADDRESS, contact us at [ncccr@unca.edu](mailto:ncccr@unca.edu). Please be sure to include your name and current e-mail address in your post.

The **North Carolina Center for Creative Retirement** is a community of learners of all ages and an integral part of the **University of North Carolina Asheville** since 1988. At the Center for Creative Retirement, we support life-long learning through a variety of non-credit programs and workshops. For links and more information, visit the web site: [www.unca.edu/ncccr](http://www.unca.edu/ncccr)