

welcome to  
**eNAUTILUS news June 2009**

## **NEWS from the North Carolina Center for Creative Retirement**

**This newsletter is also available at <http://www.unca.edu/ncccr/membership/enutilus.html>  
Additionally, a print version of this newsletter will be available at the Reuter Center.**

In this issue of *eNautilus* learn more about:

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- \*Celebrate Ron and Denise's Retirements!
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### **NCCCR Center Steering Council Annual Officer Ballot**

As part of the North Carolina Center for Creative Retirement Operating Procedures, the general membership elects the Center Steering Council officers annually. A slate of officers is prepared by the Nominating Committee and presented to the membership for ratification or change. This includes three positions of the Nominating Committee from the general membership.

Since our annual membership event occurs in September, but the Center Steering Council officers begin their terms on July 1, please ratify the slate of officers now. To ratify the proposed slate of officers or write in the names of members for the particular offices that you wish, click on the following link (or copy it to the address line of your browser) or fill in a paper ballot in the office at the Reuter Center. **Ballots must be completed by 5 pm Friday, June 26.**

[http://www.surveymonkey.com/s.aspx?sm=IL0ELRCx5A1PKdjOYZ6qmw\\_3d\\_3d](http://www.surveymonkey.com/s.aspx?sm=IL0ELRCx5A1PKdjOYZ6qmw_3d_3d)

### **Workshops**

#### **➤Making an 18-inch Cloth Character Doll**

Register for a doll making workshop with Julie Simpson on **Friday, June 26th – Sunday, June 28th**. Come and enjoy making an 18 inch cloth doll. You will make and sculpt the doll, dress it however you want and give it a personality of its own. Intermediate level sewing skills required. Cost is \$125.00. Contact Janice Banks at 251-6140 for more information and to register.

### **Celebrate Ron and Denise's Retirements!**

Come one, come all to a celebration of the Center's accomplishments over the past 21 years, honoring Ron Manheimer and Denise Snodgrass. The event is planned for **June 26 from 3-5 pm**, and will feature a slide show of pictures from "the good old days". As this is our way of saying thanks for all Ron and Denise have done to help create such a vibrant Center, we invite you to share in the festivities with a bottle of wine or your favorite appetizer. We will also present Ron and Denise with leather-bound albums containing letters of appreciation/remembrances from all Center members, past and present. If you would like to join others in remembering Ron and Denise, you may email your contribution to Susan Poole at [spool@unca.edu](mailto:spool@unca.edu), hand deliver it to her in Room 213 in the office, or mail it to Susan at Susan Poole, Director CFS, One University Heights, CPO#5000, Asheville, NC 28804. **AS WE ARE EXPECTING QUITE A LARGE TURNOUT, WE ASK THAT YOU CARPOOL WITH FRIENDS, IF AT ALL POSSIBLE.** Come join the celebration!

### **Summer Term Food Drive for MANNA Food Bank**

This summer's food drive will take place **July 6-17**. We'll have collection bins on both levels of the Reuter Center. Bring in your food donations to help our WNC neighbors in need.

### **"Are you are new to Medicare?"**

Unbiased and accurate information is available from trained volunteers from the North Carolina Seniors' Health Insurance Information Program. In partnership with the Community Education Committee of NCCCR, free classes will be held **Friday, July 10 & Friday, July 17 from 2-4 pm** in the Reuter Center. The first session will be an overview (plans, parts and policies) of Medicare. The second session will be in the computer lab, learning how to use the resources on the internet to compare benefits, answer questions and enroll when you are ready. Spaces are limited so **reserve your place by calling Sybil French at our Council on Aging, 277-8288**.

### **Health & Fitness Center Membership**

Renewal time is approaching for Health and Fitness Center memberships. NCCCR members are welcome to join the UNCA Health and Fitness Center. UNCA extends this privilege with the understanding that NCCCR members are enrolled, at a minimum, in NCCCR for-fee classes (such as College for Seniors, workshops, LAS etc.) during a fall or winter term **and** a spring or summer term. Membership runs from August 1, 2009, through July 31, 2010, with the cost of a full year membership being \$350. Registration for the upcoming year will begin on July 31, 2009.

### **Artist & Writers Quarterly**

The summer issue of the A&WQ will soon be available online. Check out the website to see what talented people we have at the Reuter Center. It's now time to gather your work for submission to the Artists and Writers Quarterly fall online publication. The deadline is August 31. Click on this link to see the latest A&WQ and for information on how to submit your work. <http://www.unca.edu/ncccr/awq/index.html>

### **Join the NCCCR Team for United Way Day of Caring**

A team of Center volunteers will participate in our second annual United Way Day of Caring on **Thursday, September 3, 2009**. We will spend half the day working on a hands-on project in the community. Last year we had fun together as we beautified the grounds of Johnston Elementary School in West Asheville. Michelle Rogers, NCCCR volunteer coordinator, will receive details about this year's project sometime in July. If you think you might want to join our team, and if you want project details when they are available, contact Michelle at 250-3871 or [mrogers@unca.edu](mailto:mrogers@unca.edu) and she will keep you informed. Volunteers may be asked to bring work gloves, but will not be asked to bring or operate equipment. We will have tasks for people will all ability levels to contribute.

### **UNC Asheville Retiree Services Oral History Project**

Deirdre Wiggins in the office of retiree services is working on writing grants to fund an oral history project. The project will involve UNC Asheville retirees and their renditions of institutional memory while employed here. If you are interested in volunteering your expertise and have experience with oral histories please contact Deirdre at 250-2340 or [dwiggins@unca.edu](mailto:dwigins@unca.edu).

### **Help Us Go Green!**

In our effort to be good stewards of our environment, we are going green (or should I say "blue") at our coffee bars. We will no longer be purchasing paper cups for use. Instead, we are asking members to bring in their own travel mugs **with lids**. For those of you who have been storing ceramic mugs above the coffee bar, we ask that you take them home with you to make room for storing the travel mugs. We will keep the ceramic mugs until after the first week of fall classes; after that, they will be donated to a charitable organization. For those of you who arrive at the Center without a travel mug, we will have UNCA ones (blue, not green!) in the office to purchase.

### **SIG News**

➤ Reuter Center Rollers SIG: (Lane bowling at the bowling center off Tunnel Road) No commitment so come and try it! Free shoes and balls. Bowl 1, 2, or 3 games @ \$2.50 per game. Every Monday beginning at 1:20 pm. Come out to the bowling alley on Kenilworth Road or contact me. More information: Jan Guichard, 828-253-8776 or [lifebeings70001@yahoo.com](mailto:lifebeings70001@yahoo.com).

➤EQUATE SIG: The Math Equation Thinking Game is off to a great start! Each Friday, 2-4 pm, teams match mathematical wits in a fun game that plays just like Scrabble but with numbers. So, if you love math, or just like it, come join us and be part of the solution! More information: Jacob Cohen, jacobcohen@charter.net , 828 691-0320

➤Creative Singles SIG: On June 20, we will meet at the upper level of the Reuter Center at 11 am to travel to the Carl Sandberg home. We will eat along the way and “window shop” afterwards. We will be back by 3 pm. Then on June 25, we will be going to the baseball game! Meet at the McCormick Field ticket area at 6:30 pm. More information: Ed Stagl at edstagl@bellsouth.net

➤Book Review SIG: The next gathering of the Book Review SIG will take place on June 18, 2 to 4 pm at the Reuter Center. We have two fine reviewers and their books are set in the same time period but in two vastly different locations and are the stories of very different kinds of experiences. All are welcome. More information: Jack Ingersoll, jingers1@charter.net

Carol Ingham will report on *The Worst Hard Time* by Timothy Egan, about the suffering of the people in West Texas, OK, and Kansas during the depression. One reviewer described *The Worst Hard Time* as "a classic disaster tale. We meet the central characters (the 'nesters' who farmed around the Oklahoma and Texas panhandles); dire warnings (against plowing) are voiced but ignored; and then all hell breaks loose. Ten-thousand-foot-high dust storms whip across the landscape, choking people and animals, and eventually laying waste to one of the richest ecosystems on earth."

Barbara Weatherall will review *Serena* by Ron Rash, which has the character everyone loves to hate. Serena is ruthless, evil, and brilliant. Serena marries George Pemberton in 1929 in Boston, and it only takes them a couple of months before they travel to North Carolina where they will together run a timber company George owns. Heartless doesn't even begin to describe Serena. Barbara will tell you about the rest of the story.

### ***Get Involved! Volunteer News***

*One of the special reasons* for the ongoing success of the NCCCR is the extensive involvement of our members, creating a unique community. Over 400 members currently volunteer their enthusiasm and expertise at the Center, working in conjunction with 10 permanent staff members. In an effort to recognize volunteer efforts and to inform our members of volunteer needs, we present the Volunteer News section of the eNautilus. If you would like to get involved and wonder how to do so, please contact **Volunteer Coordinator Michelle Rogers at 250-3871 or mrogers@unca.edu** .

This month we'd like to shine our spotlight on **George Rogers**, chair of the College for Seniors Faculty Development Subcommittee. We know George as hardworking, dedicated, detail-oriented, very organized. He also possesses a wry sense of humor and an even-keeled demeanor. Under George's leadership over the past three years, the Faculty Development Subcommittee has worked with our College for Seniors faculty from the time they inquire about teaching to the conclusion of their last class. "They support our faculty in every single way, and George is *so committed*," says College for Seniors director Susan Poole.

The Faculty Development Subcommittee is responsible for *Y'All Come!*, a highly successful, quarterly idea-sharing event to attract new College for Seniors faculty. They mentor and support new instructors by sitting in on their first class and providing feedback. They cultivate the skills of all faculty through two all-day workshops per year, offering 12-15 topics that develop or "tune up" skills. They annually update the CFS Instructor Guide, a comprehensive and succinct description of all CFS processes, procedures, and Center and UNCA policies. Finally, they are currently examining the course evaluation process seeking ways to improve its effectiveness.

All of these tasks greatly enhance the quality of the College for Seniors program for instructors and class participants alike. George shares, "I like doing committee work—we get a lot of useful stuff accomplished, and I get to socialize with people who enjoy the same kind of stuff." Although he hasn't taken CFS classes in the past few years, he says that working with the Faculty Development Subcommittee provides him a "way to stay involved and do something that gives me pleasure and satisfaction." We are eternally grateful to George for his great work.

### **Check out these NEW OPPORTUNITIES to get involved:**

The **Faculty Development Subcommittee** needs a new member. If what you've read, above, about the CFS Faculty Development Subcommittee appeals to you, please contact George Rogers at 299-9171 or vedalite@bellsouth.net to see how you can get involved.

UNCA's **Ramsey Library Special Collections** office seeks volunteers to listen to oral history tapes and transcribe them. Come learn about Asheville and WNC history through the experiences of oral history participants. For more information, visit <http://toto.lib.unca.edu/collections/oralhistories.html> and contact Sallie Klipp at 828-251-6645 or [sklipp@unca.edu](mailto:sklipp@unca.edu) .

For a complete list of volunteer opportunities, please see any Reuter Center bulletin board or stop by Michelle's desk in the office. *GET INVOLVED* -- There's something for everyone!

#### ABOUT THIS NEWSLETTER

eNAUTILUS is the monthly newsletter of the North Carolina Center for Creative Retirement  
Please submit questions or suggestions about eNAUTILUS to Janice Banks, [jbanks@unca.edu](mailto:jbanks@unca.edu)

For membership or other information, you may contact the North Carolina Center for Creative Retirement:

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The **North Carolina Center for Creative Retirement** is a community of learners of all ages and an integral part of the **University of North Carolina Asheville** since 1988. At the Center for Creative Retirement, we support life-long learning through a variety of non-credit programs and workshops. For links and more information, visit the web site: [www.unca.edu/ncccr](http://www.unca.edu/ncccr)